

INDOOR SOCCER RULES

WINTER 2012

1. FIFA AND NATIONAL FEDERATION HIGH SCHOOL SOCCER RULES WILL BE USED ALONG WITH THE FOLLOWING EXCEPTIONS:
2. MATCHES SHALL CONSIST OF FOUR 8-MINUTE QUARTERS WITH 2-MINUTE BREAK BETWEEN QUARTERS AND A 5-MINUTE HALF TIME. **(U6 ONLY)**
- 2A. MATCHES SHALL CONSIST OF TWO 20 MINUTE HALVES WITH 5-MINUTE HALF TIME.
3. A COIN TOSS WILL BE HELD PRIOR TO THE GAME. WINNER OF THE COIN TOSS MAY CHOOSE TO EITHER KICK-OFF OR CHOOSE HIS TEAMS GOAL.
4. TEAMS WILL ALTERNATE KICK-OFFS TO START EACH QUARTER AND WILL SWITCH GOALS AT HALFTIME.
5. TEAMS WILL PLAY 5 PLAYERS ON THE FIELD, BUT MAY PLAY WITH AS FEW AS 3. IF A TEAM HAS FEWER THAN 3 PLAYERS PRESENT, THEN A FORFEIT IS ISSUED. IF A TEAM STARTS WITH LESS THAN 5 PLAYERS, THEN ANY LATE ARRIVING SUBS MAY ENTER AT THE FIRST DEAD BALL, UP TO THE 5 TOTAL PLAYERS. IF DUE TO A SICKNESS, OR INJURY DURING A GAME, A TEAM FALLS BELOW THE REQUIRED 3 PLAYER LIMIT, THE GAME WILL CONTINUE. **(U6 & U8 U10 & U12/14)**
6. SUBSTITUTIONS SHALL BE MADE ONLY BETWEEN QUARTERS UNLESS A PLAYER IS INJURED. A PLAYER REMOVED FOR INJURY CANNOT RE-ENTER THE GAME UNTIL THE NEXT PERIOD. **(U6 ONLY)**.
- 6A. FREE SUBSTITUTIONS MADE ON THE FLY. PLAYER COMING OUT OF THE GAME MUST BE COMPLETELY OFF THE FLOOR BEFORE THE REPLACEMENT PLAYER CAN ENTER GAME. **(U8 – UP)**
7. GOALIES ARE NOT ALLOWED TO STEP OUT OF THE 3 POINT ARCH, BUT MAY REACH OVER THE LINE TO PICK UP THE BALL. GOALIE BOX IS INSIDE THE FOUL LANE. IF A GOALIE STEPS OUT OF THE ARCH AND PLAYS THE BALL WITH THEIR HANDS AN INDIRECT FREE KICK WILL BE TAKEN FROM THE 3 POINT ARCH WHERE THE PENALTY OCCURRED, BY THE OPPOSING TEAM. **(U10, U12/14 ONLY) NO GOALIES USED IN U6/U8**
8. DURING THE SEASON IF AT THE END OF REGULATION, THE GAME IS TIED, IT ENDS IN A TIE.
9. MANDATORY PLAYING TIME: ALL PLAYERS PHYSICALLY PRESENT AND ABLE MUST PLAY 2 COMPLETE QUARTERS, UNLESS THEY BECOME INJURED OR SICK. IF A PLAYER ARRIVES AFTER KICK-OFF AT THE BEGINNING OF THE GAME, THEN THAT PLAYER IS REQUIRED ONLY 1 QUARTER OF PLAYING TIME. IF A PLAYER IS REMOVED DURING A QUARTER FOR ANY REASON, THAT QUARTER WILL BE COUNTED AS AN ENTIRE QUARTER FOR THE PLAYER REMOVED, AS WELL AS THE REPLACEMENT PLAYER. IF A PLAYER REFUSES TO PLAY WHEN THEIR COACH TELLS THEM TO GO IN THE GAME, THE TEAM WILL NOT BE PENALIZED, HOWEVER, THE PLAYER WILL NOT BE ALLOWED TO ENTER THE GAME AT A LATER TIME, IF THEY CHANGE THEIR MIND. NOTE: MUST BE VERIFIED BY GAME OFFICIAL. **(U6 ONLY)**
10. NO "OFF-SIDES WILL BE CALLED. HOWEVER, A PLAYER MAY NOT DELIBERATELY BE POSITIONED INSIDE OF THE OPPOSING TEAMS GOALIE BOX, RECEIVE THE BALL AND SCORE. IF SO, THE RESULT IS AN INDIRECT KICK FOR THE DEFENDING TEAM.

A PLAYER MAY RUN INTO THE GOALIE BOX RECEIVE THE BALL AND SCORE.

10A. RESTART FOR SIDELINES OUT-OF-BOUNDS:

THE BALL WILL BE PLACED ON THE SIDELINE WHERE IT WENT OUT OF BOUNDS AND PUT BACK IN PLAY WITH A KICK, NOT A THROW IN.

- **(THE DEFENSE PLAYER MUST ALLOW 6 FT FROM RESTART KICK)**
- **(THE BALL MUST COME TO A COMPLETE STOP BEFORE KICKING)**
- **THE ENTRY PASS IS INDIRECT**

10B. GOAL KICKS WILL BE A THROW FROM THE GOAL LINE, INSIDE OF THE ENDS OF ARCH. THE BALL MUST TOUCH THE FLOOR, OR ANOTHER PLAYER BEFORE CROSSING THE MID LINE OF THE COURT.

10C. CORNERS KICKS WILL BE A KICK.

11. ON KICK-OFFS, NO PLAYERS MAY MOVE UNTIL THE BALL IS KICKED. A TEAM MAY NOT SCORE DIRECTLY ON A KICK-OFF.

12. COACHES MUST REMAIN IN THEIR TEAMS BENCH AREA. **(U8 – UP)**

12A. ONE COACH IS ALLOWED ON THE FLOOR WITH THEIR TEAM, BUT MUST REMAIN OUTSIDE OF THE 3 POINT ARCH. **(U6 ONLY)**

13. FANS ARE RESTRICTED TO THE SPECTATOR AREA. FANS ARE NOT ALLOWED AROUND THE PLAYING FIELD OR AT TEAM BENCHES, (THIS INCLUDES THE GOALS!) IF PARENTS AND TEAMS ARE ON THE SAME SIDE OF THE FIELD, THE PARENTS ARE NOT ALLOWED AROUND THE TEAM BENCHES.

14. EQUIPMENT: ALL PLAYERS MUST WEAR SHIN GUARDS; ALL PLAYERS MUST WEAR INDOOR SOCCER SHOES, BASKETBALL, OR TENNIS SHOES. NO JEWELRY OF ANYKIND WILL BE ALLOWED, UNLESS FOR MEDICAL PURPOSES.

14A. ALL GOALIES MUST WEAR KNEE PADS, ELBOW PADS, AND A MOUTH PIECE.

15. FIELD AND GOAL SPECIFICATIONS: BASKETBALL COURT

16. BALL SIZE: SIZE 3 INDOOR SOCCER BALL

17. PLAYERS ON A TEAM MUST ALL WEAR THE SAME COLOR JERSEYS WHILE ON THE PLAYING FIELD, WITH THE EXCEPTION OF THE GOALIE

18. TEAM PRACTICE: A TEAM MAY PRACTICE 1 TIME IN ONE WEEK BEFORE THE FIRST SCHEDULED GAME. AFTER THE SEASON STARTS A TEAM MAY ASSEMBLE 2 TIMES IN ONE WEEK. THIS INCLUDES GAMES AND PRACTICES. ANY VIOLATION OF THIS RULE WILL RESULT IN A FORFEIT FOR EACH VIOLATION! PRACTICES ARE LIMITED TO 1 HOUR. A TEAM PRACTICE EXISTS WHEN A TEAM ASSEMBLES UNDER THE SUPERVISION AND INSTRUCTION OF THE HEAD COACH AND/OR ASSISTANT COACH.

19. ROSTERS: ALL ROSTERS MUST BE TURNED IN TO YOUR RESPECTIVE BOOSTER CLUB BY THE FIRST GAME OF THE SEASON. NO ADDITIONS ARE ALLOWED AFTER THE SEASON STARTS. ANY CHANGES MUST BE CLEARED BY THE RULES COMMITTEE OF THE K-2 SOCCER LEAGUE AFTER DRAFTS ARE HELD. ANY CHANGES MADE WITHOUT APPROVAL WILL NOT BE ALLOWED. PLAYING ANY UNREGISTERED PLAYER WILL RESULT IN A FORFEIT FOR EACH OCCURANCE

19A. ELIGIBILITY: THE AGE REQUIREMENT FOR THIS LEAGUE IS AS FOLLOWS: SEE COMMUNITY AGE CHART

20. THERE WILL BE NO PROTEST ALLOWED IN THE INDOOR SOCCER LEAGUE. (THIS RULE FOLLOWS THE DAVIDSON COUNTY RECREATION DEPARTMENTS POLICY AND HAS BEEN ACCEPTED BY THE RULES COMMITTEE OF EACH BOOSTER CLUB INVOLVED).

22. SLIDE KICKS WILL NOT BE ALLOWED. PLAYERS AND COACHES WILL BE WARNED ON THE FIRST OCCURRENCE, IF THERE IS A SECOND OCCURRENCE THE PLAYER WILL BE EJECTED FROM THE GAME. THE PLAYER CANNOT RETURN TO PLAY UNTIL THEIR TEAMS NEXT GAME.

23. THREE LINE RULE- WHEN THE SOCCER BALL IS KICKED IN THE AIR WITHOUT TOUCHING THE FLOOR OR ANOTHER PLAYER, FROM BEHIND ONE FOUL LINE TO BEHIND THE OTHER FOUL LINE. THE OPPOSING TEAM GETS AN INDIRECT FREE KICK FROM ANYWHERE ON THE MIDCOURT LINE.

24. ALL FREE KICKS ARE INDIRECT KICKS.

24A. A PENALTY KICK WILL BE TAKEN FROM THE FOUL LINE, WHEN A FOUL IS COMMITTED INSIDE THE GOAL BOX. THE PENALTY KICK WILL BE A DIRECT KICK. **U10 & U12/14 ONLY (U6 & U8 WILL HAVE A FREE INDIRECT KICK FROM THE ARC)**

25. IF IN THE REFEREES JUDGEMENT A PLAYER PUTS THEIR HANDS UP TO PROTECT THEIRSELF, AND NOT FOR ADVANTAGE ON A PLAY, THEN IT WILL NOT BE CALLED A HANDBALL. HOWEVER, IF A HANDBALL IS CALLED, THERE WILL BE NO DISCUSSION OVER THE CALL, AND THE APPLICABEL RULES WILL APPLY.

26. ALL COACHES, PLAYERS, AND PARENTS ARE EXPECTED TO SHOW GOOD SPORTSMANSHIP WHILE AT ANY PLAYING SIGHT. ANY CONDUCT THAT AN OFFICIAL DEEMS DETRIMENTAL TO THE CHILDREN OR TO THE INTEGRITY OF THE GAME MAY RESULT IN THE EJECTION OF THE COACH, PLAYER, OR PARENT INVOLVED. ONLY 1 WARNING WILL BE ISSUED! IF A COACH, PLAYER, OR PARENT IS EJECTED FOR ANY REASON, THEN THEY MUST SIT OUT THE NEXT 2 GAMES ON THEIR TEAMS SCHEDULE. IF A SECOND EJECTION OCCURS, THEN THE COACH, PLAYER, OR PARENT WILL NOT BE ALLOWED TO RETURN FOR THE REMAINDER OF THE SEASON.
A ZERO TOLERANCE POLICY IS IN EFFECT FOR EVERYONE AT A PLAYING SIGHT.